

Management of the rhinitis

The way the practitioner and pharmacist decide

Rhinitides can be of an allergic or non-allergic type, and a diagnosis of the type is not always easy. Effective therapy is available such as steroids and topical antihistamines, i.e. the fast acting H1-Blocker Azelastine (Allergodil®) nasal spray*, which can relieve all the symptoms of both types of rhinitis.

An easy way, to diagnose and manage the rhinitides is listed in the Algorithm below.

***Azelastine shows fast relief of all symptoms: within 15 minutes for Nasal Spray and within 3 minutes for Eye drops**

Baumgarten et al., 1994, Friedlaender et al., 2000

Algorithm

(Algorithm mod. Wallace et al., J. Allerg< Clin Immunol, 2008, 122 (2), 1-84)

